Our Diet Impacts our Health & Vitality

Health surveys show that the incidence of chronic diseases such as heart disease, cancer, and diabetes is higher than ever before. This can be attributed largely to the state of our diets, which are woefully inadequate in nutrient-rich whole foods.

• 90% of us don’t eat the recommended 5-13 servings of fruits and vegetables
• 70% of us admit to eating foods that actually contribute to poor health
• Less than 1 serving of whole grains are consumed daily; many don’t even get that
• Protective lipids and sterols have been stripped from whole grains to increase their shelf life
• Many don’t eat fish due to concerns about the presence of heavy metals and contaminants
• A majority of people are below the estimated average requirement for some basic, essential vitamins and minerals.

The problem and the solution both seem to be in the food we eat. Changing our diets can help improve our health and vitality significantly.

Leading global health authorities like the World Health Organization, Centers for Disease Control, American Heart Association, National Cancer Institute, and American Diabetes Association agree that the key to preventing disease and promoting health is weight management, physical activity and eating a nutrient-rich diet that includes whole grains, fruits & vegetables and fish.

The Pro Vitality Program can help you turn your pyramid right side up. With a few simple changes to your diet and lifestyle and taking Pro Vitality whole food nutrition, you can flip your pyramid right side up and enjoy a lifetime of health and vitality.
Pro Vitality
PRO-ACTIVE NUTRITION FOR LIFELONG HEALTH AND VITALITY

POWERFUL NUTRIENTS THAT SUPPORT*:
• Abundant Energy
• Powerful Antioxidant Protection
• Lifelong Heart Health
• Optimum Immune Strength
• Healthy Brain Function
• Flexibile, Healthy Joints
• Clear Vision
• Youthful Skin, Hair & Nails
• Lifelong Cellular Health
• Natural Genetic Anti-Aging Function

Based in Nature—Whole Food, Human Food Chain Nutrients
GNLD Pro Vitality supplements provide the finest natural nutrients from whole grains, fruits and vegetables and fish to help you achieve optimal health.*

Backed by Science—Clinically Proven Formulas Assure Effectiveness
These nutrients are delivered in highly bio-efficient forms in exclusive, clinically proven formulas that maximize nutrient absorption, utilization and benefits by using the most advanced scientific methods and proprietary processes.*

#3143 – 30 packets

WHOLE FOOD NUTRITION IN CONVENIENT ON-THE-GO PACKETS!

Pro Vitality Clinically Tested and Proven

TRE-EN® GRAIN CONCENTRATES
Feed Your Cells – Enhance Your Energy
Good nutrition begins at the cellular level. Tre-en is the world's first and only whole grain lipids and steroids supplement proven to enhance energy and vitality by optimizing cellular nutrition.*

CAROTENOID COMPLEX
Protect Your Cells – Optimize Your Immunity
With the protective power of carotenoids from tomatoes, carrots, spinach, red bell peppers, strawberries, apricots and peaches, this patented formula is the world's first and only whole food supplement clinically proven by USDA researchers to protect your heart, defend your cells and boost your immune power.*

OMEGA-III SALMON OIL PLUS
Balance and Regulate Your Cells – Maximize Good Health
The world's finest ultra pure high potency fish oil, complete with standardized amounts of all eight omega-3s. Clinically proven to support heart and cardiovascular health and screened for over 200 potential contaminants with an allowable detection limit of ZERO.*

ESSENTIAL VITAMIN & MINERAL COMPLEX
Nourish Your Cells – More Than Just A Multi
Based on over 50 years of nutritional expertise with Formula IV®, this proprietary blend of 21 essential vitamins and minerals helps bridge the dietary gap prevalent in many of today's diets. Includes exclusive plant-sourced enzymes to support digestion and absorption of critical nutrients. Added iron increases the ability of red blood cells to carry oxygen to promote vitality.*

Healthy Cell with TRE-EN®
Whole grain lipids and steroids allow your cell membranes to become their flexible best, making it easier for nutrients to get in and waste to get out.*

IMMUNE CAPACITY
INCREASED IMMUNE CAPACITY Clinically proven to boost immune capacity by 37% in 20 days.*

PROPRIETARY MOLECULAR DIFFERENTIATION PROCESS
CONCENTRATES ALL 8 BENEFICIAL OMEGA-3s IN HIGH POTENCY AND SCREENS FOR HARMFUL COMPOUNDS SUCH AS MERCURY AND LEAD

VITAMINS AND MINERALS BRIDGE THE DIETARY GAP, PLUS PHYTOENZYMES FOR EASY DIGESTION

References

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.